



Hanwell

Winter 2024

Hanwell Herald

How Prepared Are You?

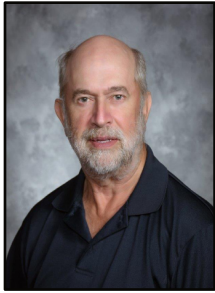
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Hanwell Rural Community Mayor & Council & Staff



Mayor Dave Morrison
dmorrison@hanwell.nb.ca
Office : 1 (506) 460-1177,
Ext. 4
Direct : 1 (506) 262-9799



Susan Jonah
Deputy Mayor
sjonah@hanwell.nb.ca
1 (506) 238-1539



Holly Hyslop
Councillor, Ward 2
hbhyslop@hanwell.nb.ca
1 (506) 451-0697



Tim Fox
Councillor, Ward 3
tfox@hanwell.nb.ca
1 (506) 262-7333



David Holt
Councillor Ward 4
dholt@hanwell.nb.ca
1 (506) 206-0784

Terri L. Parker
CAO/Treas.
CAO@hanwell.nb.ca
506-460-1177, Ext.3

Sherri Johnston
Clerk/
Asst. Treas.
clerk@hanwell.nb.ca
506-460-1177, Ext. 2

Megan Keenan
Administration & Communications
Coordinator
administration@hanwell.nb.ca
506-460-1177, Ext. 1

Taylor Bradley
Director of Recreation & Parks
TBradley@Hanwell.nb.ca
506-460-1177, Ext. 5

Dan Martin
Building Operations Officer
Dmartin@hanwell.nb.ca
506-460-1177



Chris Bringleo
Councillor Ward 5
cbringleo@hanwell.nb.ca
1 (505) 471-3156



Lee Crouse
Councillor, Ward 6
lcrouse@hanwell.nb.ca
1 (506) 447-0543



Darren Mackenzie
Councillor at Large
dmackenzie@hanwell.nb.ca
1 (506) 471-4474



Candice Dekleva
Councillor at Large
cdekleva@hanwell.nb.ca
1 (506) 461-5937

~ A Message From Mayor Dave Morrison ~

Happy New Year fellow Hanwellians. 2024 is the 10th anniversary of Hanwell's incorporation into a local government. Plans are underway to celebrate this momentous occasion with 2024 Hanwell Days. Watch for announcements calling for volunteers and ideas of how to celebrate. If you would like to get involved with the planning, committee volunteers or just have a suggestion, please call our Administrative Assistant, Megan Keenan, at 506-460-1177, ext. 1.

Part of the event will be the 2024 Hanwell Days Golf Tournament, not too early to dust off your clubs. So far Mother Nature has been kind with the amount of snow and cold temperatures, but as we saw just around Christmas with the power outages, this is no time to let your guard down, there is still a lot of winter left. You need to be prepared to be self-reliant for a minimum of 72 hours. There is a guide online called NB Emergency Preparedness Guide.

Staff, Council, and our fire department kicked into high gear during the power outage. Warming centers were open throughout the community where folks could get water, devices charged, food in some cases and just some relief from the cold and dark. UKFD warmed up over 50 homes. This is what being a community is all about, neighbours helping neighbours.

Community Contact Information:

- Transport Information Centre (TIC): 1-833-384-4111 (11)
- Capital Region Service Commission (CRSC/Property and Zoning): 506-453-2956
- Hanwell Fire Departments: 506-363-5207
- RCMP (Keswick, NB): 506-357-4300
- BMI (Garbage contractor): 506-209-0669
- Fero Recycling: 506-472-3376
- Wild Life Nuisance Officer: 506-472-1150
- SPCA(Dog control): 1-877-722-1522
- MP John Williamson: Local: 506-466-3928, Toll free: 1-888-350-4734, Fax: 506-466-2813,
John.Williamson@parl.gc.ca
- MLA Dominic Cardy: 506-453-8461, Dominic.Cardy@gnb.ca

Hanwell Happenings

Monthly ~ Regular Meeting of Council: 3rd Wednesday, 7:00 pm.

Hanwell Community Church ~

Sundays - 11:00 am - Worship Service & Live Stream. Find us on Facebook.com/hanwellchurch.

Nursery & children's church time during service.

Thursdays - 10:30 am - 12:00 pm - Encouraging Hanwell Seniors - For ages 55+. Social time, food, and refreshments.

- 6:15 pm - 7:15 pm - Kidz Club - Grades K to 5.

- 7:30 pm - 9:00 pm - Youth Group - Grades 6 to 12.

St. James Presbyterian Church ~ *By Minister: Rev. Wendy MacWilliams*

11 a.m. Sunday worship with J.A.M. (Jesus and Me) time for kids. Services also streamed on YouTube and Facebook.

Wednesday coffee house with games - 1:00 pm - 4:00 pm.

Stitches and Crafts Wednesdays - 7:00 pm - 9:00 pm.

Shrove Tuesday Pancake Supper - Tuesday, February 13, 4:30 pm - 6:30 pm. Price: freewill donation.

St. James Blessing Cupboard - Thank you for donations! Wish list on Facebook.

Check out our Facebook page for info on other upcoming events, e.g., March community breakfast, St. Patrick's supper, intergenerational craft and gaming activities, and Easter activities.

Easter Eggstravaganza ~ Saturday, March 23rd, 2:00 pm - 4:00 pm. Hanwell Place, 5 Nature Park Drive.

Spring Craft Show ~ Saturday, April 6th, 10:00 am - 4:00 pm. Hanwell Place, 5 Nature Park Drive.

Hanwell Mom's Drop-In Social Time ~ Wednesday afternoons, 3:00 pm - 4:30 pm. Hanwell Place, 5 Nature Park Drive. For more information, please contact Susan Dean at 604-815-7429.

Yoga Classes ~ Tuesdays, from January 23rd to February 27th, 7:00 pm - 8:00 pm. Hanwell Place, 5 Nature Park Drive. To register, contact Christina Campbell at christinacampbellyoga@gmail.com or 506-304-7421.

Keep an eye on our social media platforms for details about our upcoming events (www.facebook.com/HanwellIRC & hanwell.nb.ca).

The Medicine Shoppe Pharmacy Hanwell Presents:

The Never-ending Cold: A Pharmacist's Guide to Relief - By Stephanie Feero BSc.(Hons) PharmD

Did you know that the average viral cough lasts between 3 to 4 weeks, and sometimes even longer? Often, the cough persists even after all other cold symptoms have resolved. This lingering cough, commonly referred to as post-viral cough, can lead many people to seek unnecessary antibiotic prescriptions. It's important to note that many infections in adults, such as sinusitis (sinus infection) and pharyngitis (sore throat), are often caused by viruses, meaning they cannot be cured with antibiotics. These infections typically respond very well to at-home symptom management, rest, and fluids, and often resolve within 5-7 days.

For more relief, pain, and fever-reducing medications, ibuprofen (Advil) and acetaminophen (Tylenol) are excellent first-line options. Additionally, sinus rinses, nasal sprays, humidifiers, and certain over-the-counter cough and cold medications can offer added comfort for specific symptoms. If you're taking other medications or picking up medications for someone else, consult with your pharmacist to identify the safest and most effective choices.

As a reminder: children under the age of 6 should not be given over-the-counter cough and cold medications, as they are not safe for this age group. Instead, consider using a spoonful of undiluted honey (for children over 12 months), humidifiers, and saline nasal sprays or drops, as safe and effective home remedies.

Lastly, if you're experiencing prolonged or severe symptoms related to a cold or the flu, speak with your pharmacist. Some symptoms may indicate the need for additional prescription treatments or referral to your nurse practitioner or family doctor.

Are We Prepared? By Councillor Chris Bringloe

As 2023 went out like a lion and we reflected on the past year, most Canadians would probably agree that extreme weather disasters dominated our news. Canada saw record heat, which led to another devastating wildfire season. The Maritimes contributed to this record with unprecedented spring fires in Nova Scotia, while New Brunswick crews battled a major fire near St. Andrews. The Maritime weather then turned wet...very wet. Nova Scotia faced unimaginable flooding in July with four lives lost. Then came Hurricane Lee in mid-September with widespread property/road damage and power outages across the Maritimes. To finish the year, back-to-back rain/wind storms impacted our area in December, causing extensive damage and extended power outages. Residents of Hanwell are still dealing with the aftermath.

We cannot predict with certainty what the future holds, but all signs point to more weather-related disasters. As a community, we have to ask ourselves – are we prepared?

Your Hanwell council and administration are actively working to improve community preparedness. In early 2024, an updated Emergency Plan was adopted. This plan will provide a framework for supporting emergency responses in our community. The Hanwell EMO Committee, which meets monthly, has representation from administration, council, and resident volunteers. In the coming months, the committee will focus on more upgrades to the Emergency Plan, training, and reviewing responses to past events; what went well, what went wrong, and how we can do better.

During extended power outages, Hanwell can provide relief services at three community locations - Hanwell Place (5 Nature Park Drive), Upper Kingsclear Community Centre (22 Mazerolle Settlement Road), and the Yoho Scout Lodge (3566 Route 640). During the December storms, these centres were all opened. Residents appreciated the opportunity to grab a coffee, warm up, and charge devices. Meals and showers were also available at Hanwell Place.

As a component of community preparedness, Hanwell also utilizes the Voyent Alert! system. This alert system is a multi-purpose communication service and alerting app that allows rapid dissemination of information during emergency situations. The Voyent Alert! system is used by communities across the country as part of their emergency preparedness action plans. Hanwell used this system a number of times during fall storm responses in our community. Notifications can also be sent for day-to-day communications as well, such as road advisories, school closures, public safety notices, etc. For more information on this free service, see: <https://hanwell.nb.ca/hanwell-public-alerts/>.

Home and business owners also have to take stock. Can you be better prepared?

The December rain/wind storms showed too many residents how vulnerable their properties are to extreme weather. Drainage systems need to be re-evaluated. Trees need to be assessed for risk of wind damage to buildings and service lines. It's best to deal with issues under good conditions rather than be faced with problems in the worst possible conditions.

All households should be prepared to be self-sufficient for 72 hours. For more information on household preparedness visit: <https://www.getprepared.gc.ca/index-en.aspx>. Heating of a home without power under cold conditions, possibly for several days, is something all homeowners should plan for.

To help prevent wildfire damage to your property, there are several measures you can take. FireSmart Canada is a national program that helps Canadians increase neighborhood resilience to wildfire.

Residents are urged to visit the FireSmart website to learn more on this increasingly important national program. Visit: <https://firesmartcanada.ca/about-firesmart/>.

As we collectively deal with whatever comes, keep in mind that there are vulnerable neighbors across our community. Please take time during emergencies to check in on folks in your neighborhood who may be isolated and facing extra challenges.

As we welcome 2024 and the weather to come, let's all hope for the best but prepare for the worst.



Remembrance Day - 2023

***It was an absolute privilege to honour our Hanwell veterans!
Lest We Forget!***



~ Christmas Tree Lighting & Open House ~ 2023



Meet Our New Councillors!!



David Holt
Councillor Ward 4
(With Mayor Dave Morrison)



Chris Bringloe
Councillor Ward 5
(With Mayor Dave Morrison)



Candice Dekleva
Councillor at Large
(With Mayor Dave Morrison)

PORTER'S DINER

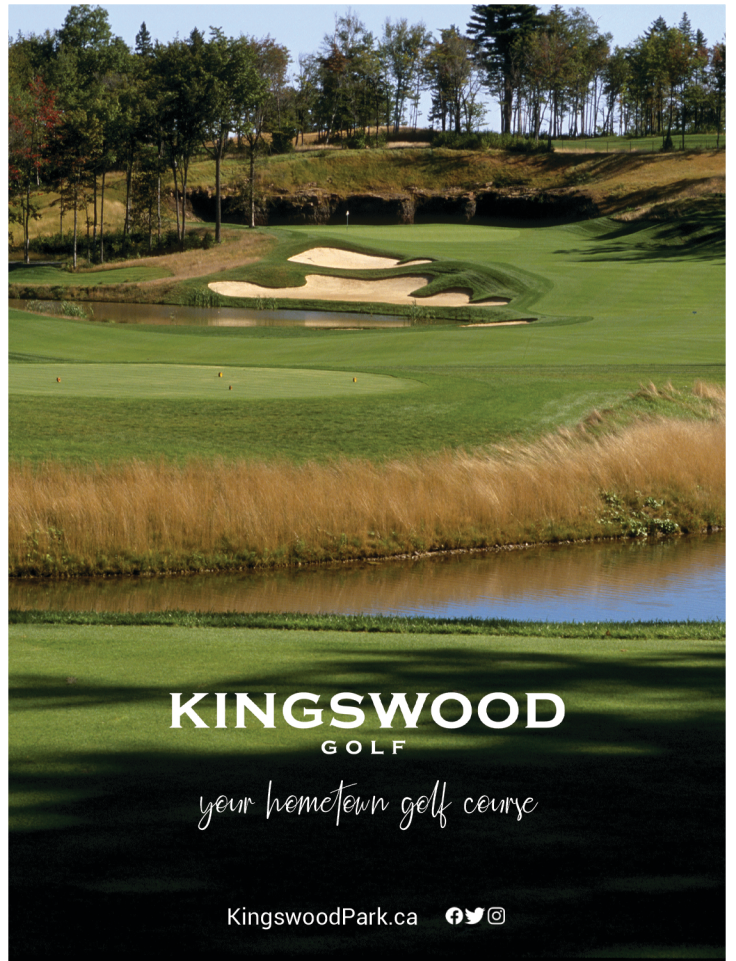
Home of the **BOTTOMLESS** Fries

450-2276






Monday
to
Thursday
7a.m.- 6p.m.
Friday
7a.m.- 7p.m.
Saturday
7a.m.- 6p.m.
Sunday
7a.m.- 3 p.m.

Happy New Year & Be Well!



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Jamie Perry
Manager

Tel: (506) 450-3028 E-mail: 6colcopy@nbnet.nb.ca
Fax: (506) 458-2779 830 Hanwell Rd., Fredericton, NB



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~ VOYENT ALERT! ~

Notifications will be sent for critical events like fire, flood, and extreme weather, as well as day to day communications.

To register, please go to:

<https://ca.voyent-alert.com/vras/client.html#!/registration>

For more information, please visit:

<https://voyent-alert.com/ca/community/>

Community Reminder:
Solid Waste Collection and Disposal Information:

As written in By-Law No. 07-2015, and amended February 23rd, 2021, garbage will only be picked up if it is bagged. Bags must be securely tied to avoid garbage becoming loose. The garbage trucks do not have the lifters necessary to collect loose garbage.

For the collection and disposal of larger items exceeding 44 lbs., residents must contact BMI (506-209-0669) prior to placing these items at the side of the road. Residents are permitted to one collection of larger items per month, and a total of 9 collections per year.

Garbage is collected between the hours of 7:00 am and 7:00 pm. Residents must have garbage at the side of the road by 7:00 am.

To view the by-law, please see this link: <https://hanwell.nb.ca/wp-content/uploads/2021/03/Solid-Waste-Collection-and-Disposal-By-Law-Amended-Feb-23-2021.pdf>

For more information about garbage pickup, residents can also find all they need to know on the website at this link: <https://hanwell.nb.ca/services-2/garbage-recycling/>